

The Saheeh International Quran Translation

وَهَزِّيْٓ اِلَيْكَ بِجَذْعِ النَّخْلَةِ تُسَاقِطُ عَلَیْكَ رُطْبًا جَنِيًّا

And shake toward you the trunk of the palm tree; it will drop upon you

ripe, fresh dates.