

The Saheeh International Quran Translation

وَأَمَّا مَنْ أُوتِيَ كِتَابَهُ بِشِمَالِهِ فَيَقُولُ يَا لَيْتَنِي لَمْ أُوتَ كِتَابِيهِ

But as for he who is given his record in his left hand, he will say, "Oh, I

wish I had not been given my record