

The Saheeh International Quran Translation

وَالَّذِينَ يُظَاهِرُونَ مِنْ نِسَائِهِمْ ثُمَّ يَعُودُونَ لِمَا قَالُوا فَتَحْرِيرُ رَقَبَةٍ مِّن قَبْلِ أَن يَتَمَاسَّا^ج ذَلِكُمْ
تُوعَظُونَ بِهِ^ج وَاللَّهُ بِمَا تَعْمَلُونَ خَبِيرٌ

And those who pronounce thihar from their wives and then [wish to]
go back on what they said - then [there must be] the freeing of a slave
before they touch one another. That is what you are admonished
thereby; and Allah is Acquainted with what you do.