

The Saheeh International Quran Translation

* يَا بَنِي آدَمَ خُذُوا زِينَتَكُمْ عِنْدَ كُلِّ مَسْجِدٍ وَكُلُوا وَاشْرَبُوا وَلَا تُسْرِفُوا إِنَّهُ لَا يُحِبُّ

الْمُسْرِفِينَ

O children of Adam, take your adornment at every masjid, and eat and

drink, but be not excessive. Indeed, He likes not those who commit

excess.