

The Saheeh International Quran Translation

انْفِرُوا خِفَافًا وَثِقَالًا وَجَاهِدُوا بِأَمْوَالِكُمْ وَأَنْفُسِكُمْ فِي سَبِيلِ اللَّهِ ذَلِكُمْ خَيْرٌ لَّكُمْ إِنْ كُنْتُمْ
تَعْلَمُونَ

Go forth, whether light or heavy, and strive with your wealth and your
lives in the cause of Allah. That is better for you, if you only knew.